What’s On at Hastings   ...  Term 3

**Week 1**  
Saturday, 12th  
- Uniform Shop open 10am to 12 noon

Monday, 14th  
- Staff Development Day – Pupil Free
- School Band Workshop

Tuesday, 15th  
- All students commence Term 3
- Kilometre Club starts (and we are trekking Canada!)

Wednesday, 16th  
- Debating Gala Day
- PSSA Touch Football v Tacking Point
- School Council / P&C Meetings

Thursday, 17th
- Student Banking

Friday, 18th  
- Uniform Shop open 2:30pm to 3pm
- School Band Workshop
- Uniform Shop open 8:30am to 9:30am

**Week 2**  
Thursday, 24th
- Class 3/4J Play Day @ The Glasshouse

Friday, 25th
- District Athletics Carnival - Laurieton

Saturday, 26th
- Boys Night In!

Sunday, 27th
- Family Breakfast

**Week 3**  
Monday, 28th
- **CLOSING DATE** for Sugar & Spice Tickets
- ICAS English

Tuesday, 29th
- K-2 Athletics Carnival - Wayne Richards Park

Wednesday, 30th
- Assembly of Achievement and Open Classroom morning
- Sugar & Spice Girls Night Out!

**HAPPY BIRTHDAY**

Mrs Brangwin & Mrs Wilson
Wednesday, 2nd

Mrs Boswell
Saturday, 5th

Mrs Prentice & Mr Henson
Tuesday, 8th

**HAPPY and SAFE HOLIDAYS**
EVERYONE

See you back at school on
Tuesday, 15th July

During the holidays, please check the jumper/jacket/hat your child has been wearing and if it belongs to someone else please return it to the office next term.

Several items of clothing which are clearly labelled are missing!

The holidays are also a great opportunity for parents to re-label their child’s belongings.

Phone 6582 2566  
85 YARRANABEE ROAD, PORT MACQUARIE, 2444  
Fax 6582 1380

Email hastings-p.school@det.nsw.edu.au

Web www.hastings-p.schools.nsw.edu.au
END OF TERM
As another busy term draws to a close, here are some of the many achievements and activities we’ve been involved in: Naplan tests, Kilometre Club, cross country and athletics carnivals, dance festival, Year 6 in Canberra, Kinder Beach trip, Year 1 Sea Acres trip, Port Iron Man, chess competitions, ICAS computer, science, writing and spelling tests, Mothers Day Stall, high school orientation nights, Walk Safely to School Day, Youth Leadership speechcraft course, Multicultural Perspectives public speaking competitions and our Year 1 public speaking competition. Everyone has earned their break!

PORT NEWS PAGE
Next Monday the Port News will feature a double page spread on our school written by four of our ministers: Taylor Burbridge, Jordan Folley, Abbie Maqueda and Hugh Sharp. Our four reporters have complied interesting stories about some of the things happening at our school and have visited the Port News premises to participate in the publishing of their stories. Keep an eye out for this new initiative.

BAND SUCCESS
Our senior band performed at the Emmaus Nursing Home last Friday and won praise from many. The letter below is an example of the impact the students made:

I would like to take the opportunity to say a huge thank you for allowing your wonderful students from the school band to attend our function today.
These students were unbelievable, their manners were impeccable and the respect they showed to our residents and facility here at Emmaus was perfect. Please thank these children and acknowledge them for their efforts and the way they represented your school, their parents and most importantly themselves, we are all too quick this day and age to complain about the youth of today but with these children moving into our future I think the town is in very safe hands.
The music they played was just perfect and residents had a great morning listening to them and in some cases even getting an opportunity to chat. One resident even watched them playing handball and commented “I haven’t seen such movement in a long time”.
Our appreciation to you, your staff, parents and Frank Rugers of Bluegum 2 Music. Looking forward to future meetings.

MILK BOTTLE COLLECTIONS
Congratulations to Joanne Sherwood (5/6J) who was this term’s milk bottle collector winner! Jo has won herself a $20 Toyworld gift voucher.
The green shed near the COLA is open every school morning for you to drop off your washed plastic milk bottles and earn yourself a ticket in June’s draw!

FOUND … Jackets, jumpers, hats, lunch containers, drink bottles, hair brushes, a pair of pink shoes, a pair of black volleyes, several pairs of socks, a bright orange blanket and a ladies watch!
SOCIAL MEDIA UPDATE
1. To further assist our senior students as they deal with the demands of using social media, the Police Youth Liaison Officer, Wendy Hudson was invited to speak to students in years 5 & 6 last Tuesday. Wendy’s main messages were:
   • bullying, either face-to-face or done via a phone or internet, is a crime. Offenders can be charged and then be burdened with a police record.
   • If joining a social website, ensure parents are listed as friends – never accept offers from people you don’t know
   • students who may receive bullying messages are urged to let their parents know as soon as possible. Do not suffer in silence.
   • protect your privacy online as you would at all other times
   • sites such as Kik, Instagram, Snapchat are not secure and mostly require users to be 13 years or older.

2. It was noticed a number of students brought mobile phones and ipads to the primary disco last Friday. As this is a school function, the same rules surrounding these devices apply. Students seen with these will have them removed for the duration of the disco and have them returned at the end. Considering the disco runs for 90 minutes, it is hoped children can enjoy themselves without needing a phone. It will be easier for everyone if these devices stay at home.

3. We are hoping many families are trialling the “internet hour ” between 3:30 and 4:30. It may be tough at first for students whose access has been unlimited to be cut back but sometimes being a good parent means making some decisions children may not always agree with.

CHESS SUCCESS
Last Thursday our team of four – Mackenzie Dawson, Mirren Campbell, Alex Merrick and Mason Rosenbaum competed at the Junior Chess League’s district final. Our team came third in a field of nine with Mackenzie tying for the best individual score of the day, winning seven games and drawing one.

COSTUMES for GLASSHOUSE CONCERT
Planning for our Glasshouse Concert is well underway. Next term a costume requirements note will be sent home to all families but to help parents of students in Kinder, Year 1 and classes 2G and 2M your child will require the following costumes ...

Kindergarten  Plain black tracksuit pants or black trousers, jeans or leggings (not stockings), black socks and black shoes.  
Kinder teachers will purchase t-shirts and performance accessories for the children. The cost will be kept to a minimum and parents will be notified of further details regarding payment next term.

Year 1  An old light coloured men’s business shirt which can be painted on at school, a bright coloured plain t-shirt (no singlet tops and if your child’s t-shirt has a motif it can be worn inside out), bright coloured shorts. Students in 2G & 2M are asked to bring their costumes in early next term to allow shirts to be painted. All costumes are to be clearly labelled with their name and be in a clearly labelled (name and class) plastic bag.

2G & 2M  
Girls  Plain white t-shirt, white ankle socks, pink and black ribbons (4-5cm w x 90cm l) for around the neck, clean black or white sneakers
Boys  Plain blue jeans, plain white t-shirt, clean black school shoes, white socks, black rimmed glasses (no glass is OK); a black jacket is optional.

NEW TITLES
The Library has a few titles that may be of interest to some families. These picture books cover Food Allergies and Autism in a child friendly way. Parents are most welcome to borrow these books. Please contact Mrs Dobson in the library if you are interested.
SUGAR & SPICE HELPERS

Parent help is required during our Sugar & Spice Girls Night Out. Your assistance with hand massages, painting nails, adding a little make-up, face painting, craft, making mocktails and/or serving dinner will be very much appreciated. All parents are asked to volunteer a 30-60 minute shift. If you can help please email details (your name, child’s name, the activity you would like to help with and your preferred time) to Noni on nneak@bigpond.net.au. Noni will draw up a roster over the holidays.

PSSA BASKETBALL

Port Macquarie was well represented by Hastings Public School at the recent PSSA Basketball Gala Day which saw teams from the Hunter and North Coast regions taking part. From the first game Hastings were eager and dominated the play defeating Forster(1) 28-2; Forster(2) 20-17; Grahamstown 13-6; and Irrawang 20-13.

The semi-final was played out between Hastings and Irrawang and the boys showed great defence and attacking skills to take charge of the game running out winners 22-4.

The Grand Final was played against a very big Kempsey East team. Kempsey took charge from the tap off and defeated a very tired Hastings team.

Following the day the basketball convener from the Hunter District emailed all participating schools congratulating everyone on a fantastic day. The email also made special mention of Charlie Martin with the following comment “It was great to witness the level of sportmanship, especially from the Hastings No #4. So a special congratulations to him”.

Our eight boys can be extremely proud by the way they played and the great team spirit displayed throughout the day (and the coach was very proud as well)!

ALL SCHOOLS RUGBY LEAGUE

On Tuesday our Junior Rugby League team played three games against teams from Kempsey, Wauchope and Westport in the All Schools Gala Day. Our team had a win, a draw and a loss to the eventual overall winners. Mr Watts was pleased and proud of the way the boys represented our school, both on and off the field. Despite limited experience playing together as a team and the inexperience of some players, the boys impressed everyone with their commitment, skills and sportmanship.

Joshua Power lead the forward pack and made many powerful runs and crunching tackles; Tai Khan ran and tackled strongly; Lachlan Spinks was busy all day at hooker; Zac Mapstone, George Fel and Mason Heddles made numerous good runs and strong tackles. The Rudd boys (Nick and Patch) showed that with a little more experience they have the courage and ability to make good rugby league players.

In the backs, Jacob Tonning made numerous breaks and crucial tackles; Jackson Partridge distributed the ball with accurate passing and strong running; Jordan Westcott kept trying all day and Lennox Jensen and Tommy Morgan each played well. Mitchell Chandler proved he can be a reliable full back making good territory when he ran and tackling reliably when it was needed. Jack Stace was good in defence and ran the ball brilliantly with speed and evasive skills, showing he has a real talent.

Many thanks to the parents for transporting the team and who showed their enthusiastic support. Special mention goes to Cameron Partridge who coached the team and was instrumental in the success of the day. Despite being unable to field a senior team this year it is heartening to see that rugby league is alive and strong at Hastings!
NAIDOC WEEK CELEBRATIONS
This week saw another successful NAIDOC week at Hastings beginning on Monday with an assembly run by our Aboriginal and Torres Strait Islander students. During the assembly the importance of NAIDOC week and the meanings of both the Aboriginal and Torres Strait Islander flags were explained. On Wednesday, we held an Indigenous games day with many different games played that were traditionally used for fun and hunting practice. Games included Wuljini, which is similar to volleyball and Goori, which requires a moving target to be hit by a tennis ball (or spear). We were very lucky to have students come from Westport High to assist in running the games and we would like to thank those students for coming along and helping out. During the week, three of our Year 6 students spoke to Kindergarten, Year 1 and Year 2 about Aboriginal and Torres Strait Islander culture. Bailey, Jamarra and Meriki brought along artefacts, such as didgeridoos and boomerangs to show to the younger students. The boys also spoke about what it means to be an indigenous person and what their culture means to them. The boys did a great job and should be proud of the way they represented themselves. We have also had a number of totem poles purchased and installed within our school grounds. These poles will be painted by the students throughout the year, and will be a reminder of the diverse cultures that we have in our school and how each culture enriches our community.

CANTEEN ROSTER ... Thanks for Helping

<table>
<thead>
<tr>
<th>Monday 14th</th>
<th>Tuesday 15th</th>
<th>Wednesday 16th</th>
<th>Thursday 17th</th>
<th>Friday 18th</th>
<th>Monday 21st</th>
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<tr>
<td>Pupil Free</td>
<td>Suzanne Williams</td>
<td>Christina Boswell</td>
<td>HELP PLEASE</td>
<td>Bec Burton</td>
<td>Noni Collins</td>
</tr>
</tbody>
</table>

BUS SAFETY for KIDS
Our Kinder students recently participated in bus safety talks conducted by Busways. Students learnt about waiting at bus stops, getting on and off the bus at school and at bus stops, safe behaviour while on the bus, telling the bus driver about problems on the bus and evacuation procedure in case of an emergency. Parents can also assist their child on bus safety by:-

• Arranging for an adult to accompany your child to and from the bus stop or practise the walking route with your children until they are confident and comfortable doing it without you.
• Wait for your child on the same side of the road as the stopping bus.
• Never call for your child to cross the road to meet you. Instil in your child personal responsibility for checking that the road is safe to cross.
• Discuss what your child should do if they miss the bus or catch the wrong one.

YEAR 2 GRANDPARENTS DAY! What a special afternoon for our Year 2 students when their grandparents paid a visit!
**Ukulele Classes**  ... Port Macquarie Academy of Music is now offering Ukulele lessons for all ages and enrolments for Term 3 are now open. Classes are $20.00 and range from 45 to 90 minutes. For enquiries/enrolments please call Anne on 0412 071 162

**ExtravaDance Studios**  ... Enrolling now for Term 3. Pre-School to adult classes in Ballet (RAD), Jazz, Performance, Hip Hop and Tap. Contact Principal, Miss Amy Henson, on 0412 856 525.

**Computer Capers Minecraft Workshops**  ... Discover, explore and build with Minecraft in a safe, fun environment or journey to the outer reaches of the Galaxy. Become one in PIXELMON minecraft style, and much more. All computers supplied. Suitable for children from Year 2 to Year 8. Classes running from 30th June to 11th July. For more information visit www.computercapers.com.au or phone/text Rob on 0421998466  or email: computercapers@gmail.com

**CrossFit for Kids**  ... Held Wednesdays during school terms from 4:15pm at CrossFit2444 in Munster Street. For ages 5 to 12 years. $10 per session. Kids classes will introduce a variety of skills including running, jumping, throwing, catching and gymnastics movements. For further information call Fiona on 0488008899.

**AFL School Holiday Camp – Port Macquarie**  ... Thursday, 10th July, 10am to 3pm at Wayne Richards Park. For boys and girls aged 5 – 12 years. Cost is $25 and includes a day of skills, activities and games, an AFL Fan Show Bag and a football. To register please contact AFL Development Officer, Rachel Lowe, on 0457 389 504 or rachel.lowe@aflnswact.com.au

**Newcastle Youth Orchestra**  ... will perform at the Glasshouse, this Saturday 28th June at 2pm. Presented by Mid North Coast Conservatorium. NYO will visit a range of countries and present an array of classical music for audiences of all ages! Tickets are available through the Glasshouse Box Office ($10/$15).

**Go4Fun**  ... Go4Fun is a FREE program which aims to teach kids how to be healthy and fit and stay that way! The program runs during the school term and has been specifically designed for children aged 7-13 years above healthy weight and their primary carer in a relaxed atmosphere with trained nutritionist and exercise leaders. Term 3’s program will be held at Port Macquarie Public School, Monday and Wednesday from 3.30 pm to 5.30pm and commences Wednesday, July 16th. To register please contact Go4Fun on 1800 780 900 or text 0409 745 645 for a call back. Register online at: www.go4fun.com.au  Local contact Margo Johnston: 6562 0324 or margo.johnston@ncahs.health.nsw.gov.au

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**Introduction to Positive Discipline**

www.positivediscipline.com

For Parents, Grandparents, Foster Carers & Educators

Caring for Toddlers, Children & Teens

**When:**
- **Mon 11th Aug** 5:45pm-8:15pm OR
- **Sat 30th Aug** 9:15am-11:45am

**Where:** Library, Grant St, Port Macquarie

**Cost:** $30 per person

Mention this Ad & a family member can come with you for *FREE*!

(for August Workshops 2014 ONLY)

**Register:**
- Friday 1st August with Sara on:
  - Phone: 0458231968 or
  - Email: saraphillipsnsw@gmail.com
# 2014 Athletics Carnival Results

## Girls

<table>
<thead>
<tr>
<th>EVENT</th>
<th>AGE</th>
<th>1&lt;sup&gt;ST&lt;/sup&gt;</th>
<th>2&lt;sup&gt;ND&lt;/sup&gt;</th>
<th>3&lt;sup&gt;RD&lt;/sup&gt;</th>
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<tbody>
<tr>
<td>100m</td>
<td>8 Years</td>
<td>Trelise Kirkby</td>
<td>Ella Hogan</td>
<td>Taleah Arnold</td>
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<tr>
<td></td>
<td>9 Years</td>
<td>Lily Turner</td>
<td>Lilly Maqueda</td>
<td>Aleisha Swain</td>
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<td></td>
<td>10 Years</td>
<td>Olivia Mara</td>
<td>Teagan Mainey</td>
<td>Georgia Flowers</td>
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<td></td>
<td>11 Years</td>
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<td>Jasmine Hyde</td>
<td>Lauren Thornton</td>
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<td></td>
<td>12 Years</td>
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<td>Sierra Cummins</td>
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<td>200m</td>
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## 2014 Champions

- **Olivia Mara**
  - Junior Girl
- **Matilda Lindeman**
  - 11 Years Girl
- **Miren Davies**
  - Senior Girl
# 2014 Athletics Carnival Results
## Boys

### 2014 Champions

<table>
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<tr>
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<th>Age</th>
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**LEARNING - GROWING - CARING**