What's On at Hastings ...

Monday, 2nd
- Uniform Shop open 8:30 to 9:30am

Tuesday, 3rd
- Fete Meeting - Staffroom 6:30pm
- North Coast (Regional) Swimming Carnival - Lismore
- Guide Dog Talks - Kinder & Year 1
- Uniform Shop open 2:30 to 3pm

Wednesday, 4th
- Student Banking
- North Coast (Regional) Swimming Carnival - Lismore
- Guide Dog Talks - Kinder & Year 1
- Uniform Shop open 2:30 to 3pm

Thursday, 5th
- Hastings Secondary College Info Evening

Friday, 6th
- Lower North Coast Basketball Trials - Boys & Girls
- K-2 Assembly - 12:15pm (Even Classrooms)
- Uniform Shop open 2:30 to 3pm

HASTINGS HAPPENINGS
Respect - Responsibility - Initiative - Resilience
Commitment - Courage - Achievement

CATCH UP WITH FRIENDS
FREE Jumping Castle

HASTINGS HELLO
this afternoon
3pm to 5pm
Face Painting

MEET NEW FAMILIES
Coffee - Cakes - BBQ
Cold Drinks - Snacks

GREEN TIE MUFTI DAY
Thanks to the many families who supported our Green Tie Mufti Day raising $797.40 from students and staff with another $30.00 from parents for further research into Neuroblastoma. It was wonderful to see almost everyone wearing some form of green and contributing to our community’s good health. It was also great to see our school highlighted on last night’s leisure report on Prime News with Mark Strachan. Thanks to our Communication Minister Max Dowler who did the final bit!

HAPPY BIRTHDAY
Mrs Pleasance
for Monday
INDONESIAN EXCHANGE TEACHERS
Commencing Monday our school will be visited by two Indonesian exchange teachers, Lince Nainggolan & Lamria Theresia Sianipar. They will be guests at our school for two weeks, visiting all classes and learning about the Australian education system. Miss Bourne and Mrs Barker will be hosting these ladies at their homes. We hope the learning will be a two-way opportunity for our guests to learn about us and for our students to learn more about our near neighbour.

DANCE GRANT
Teachers from our school, led by Mrs Fieldsend have successfully submitted an application to establish an elite dance group comprising talented dancers in Year 5 and Year 6 from the Hastings Valley Community of Schools (HVCS) – Hastings, Port Primary, Tacking Point, Westport, Telegraph Point and Lake Cathie. This group will rehearse with a specialist dance teacher and perform at many occasions throughout the year. More details about this exciting initiative will be circulated soon. Entry to the group will be via auditions.

GRANT FOR NATURAL PLAYGROUND
In more good news for our school - we have received a $2,500 grant from the NSW Environmental Trust for a new ‘rainforest classroom and sensory play space. This grant will help us in our plans to make a new nature based playground at school. We have lots of ideas - planting native plants, making a wildlife habitat (homes for lizards, butterflies and birds), a herb garden and beautiful student art. Many of these ideas came from our school community playground research from last year. If you are interested in being involved (garden skills, plant knowledge, art/sculpture, anything really) please email Danielle at hastingsplay@gmail.com

FETE COMMITTEE MEETING
To make our 2015 School Fete an outstanding success we need YOUR HELP! A meeting will be held on Tuesday evening (3rd March) in the staffroom at 6:30pm. Lisa Carter and Sandy Green are the overall coordinators this year and would love to see (or hear from) a representative from each of our 440 families. If you have a great idea, would like to coordinate a stall, help out on the day or perhaps do a lot of the leg work beforehand please email your name, phone/mobile number and the area in which you can help or your suggestion to admin@hastingsfete.com.au

INFORMATION EVENING for YEAR 5 & YEAR 6
A reminder for our Year 5 and Year 6 students and parents the Hastings Secondary College information night will be held in our school hall on Thursday, 5th March, 6pm to 7:00pm. The evening will give students and parents the chance to discover the extensive opportunities available through the new college structure.

THANK YOU
Many thanks to Kylie Munro (mum of Olivia (picted) & Tynan Forsyth) for giving our “Giggles” K-2 Assembly Bear a glamorous new look!

SCRIPTURE LESSONS
Thank you to all the families who provided details regarding their child’s scripture classes for this year. Classes commence next Tuesday with the five following options: standard Scripture lessons, Jewish instruction, Bahai lessons, Ethics Classes and non-scripture.
LOWER NORTH COAST SWIMMING

Congratulations to our 17 swimmers (pictured below) who competed at Kempsey last Wednesday. Qualifying for this level was an achievement in itself but we now have 10 students going on to the North Coast Regional Carnival to be held in Lismore next Wednesday.

| Mitchell Chandler | 1st Open 100m Freestyle | 1st 11 Year 50m Freestyle | 1st 11 Year 50m Back |
| Kayle Enfield | 4th 11 Year 50m Breast | 2nd 11 Year 50m Butterfly | 2nd Senior 200m medley |
| Mason Rosenbaum | 1st Open 100m | 2nd 11 Year 50m Freestyle | 1st 11 Year 50 Back |
| Alani Cockshutt | 3rd 11 Year 50m Butterfly | 3rd 11 Year 50m Butterfly | 4th 11 Year 50 Freestyle |
| Kate Collins | 3rd 10 Year 50m Freestyle | | |
| Sam Jones | 4th 12 Year 50m Freestyle | | |
| Gemma Lawrence | 3rd Junior 50m Butterfly | | |
| Matilda Lindeman | 2nd 12 Year 50m Freestyle | | |
| Cooper Williams | 4th 9 Year 50m Freestyle | | |
| Liana Williams | 4th 11 Year 50m Back | | |
| Mitchell Chandler Kayle Enfield Sam Jones Jesse Beard | 1st Senior Boys 4 x 50m Relay | | |

**Special mention must be made of Mitchell Chandler who was named the 11 years boys champion following first place in all six of his individual swims and who broke SIX records (one more than he broke at our school carnival)! Mitchell was also a member of our winning Senior Relay team.**

**CYBERSAFETY SITES**

Parents who may be interested in improving their knowledge and that of their children in keeping them safe when using the internet are advised the following sites may be helpful:

- **K-6 students**

- **Teens**

**CANTEEN ROSTER ... Thanks for Helping**

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<td>Bronwyn Mison</td>
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<td>Chris Rowe</td>
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make it happen cocktail party

The Hastings Business Womens Network proudly presents “Hastings Heroines” at St Columba Anglican School on Friday, 6th March, 6-9pm. $45.00 per person. Keynote Speaker - The Hon Bronwyn Bishop MP. Special performance by “Blokes Notes” (you might just see Mr Heaton on stage)! All proceeds to Port Macquarie Hastings Domestic & Family Violence Specialist Service.
VOLUNTARY CONTRIBUTIONS
Thanks to the many families who have paid their contribution for the year. Often when we have new families enrolling, many express surprise at how reasonable our contributions are. When you consider how much a week pre-school fees cost, our fees are very, very low. We appreciate families understanding that the contribution they make will provide those “little extras” that make education at Hastings an all-round positive experience.

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INFANTS ASSEMBLY ... 13th February and 20th February, 2015

1B  Grace Kelly  Brianna Walls  Bailey Wilson
1F  Bailey Partridge  Macey Carter
1H  Harper Bailey  Ryan Martin  William Martin
1K  Tynan Forsyth  Amelia Southwell  Micah Arnold
1/2S  Isaac Lavis  Austin Weir  Oskar Morris
2C  Matilda Menzies  Amber Dignum  Riley Morris
2D  Eliana Morton  Dylan Greentree  Izzy Johnston
2J  Corey Tonning  Zannah Hogan  William Schurink
2M  Joshua Collins  Kaitlyn Quinn  Sophie Taylor

STARS of the ASSEMBLY

Claire Wilcox  Amelia White  Riley Morris  Timothy Lawrance

TEN HINTS FOR CREATING RESILIENT FAMILIES
Continuing the suggestions from Andrew Fuller – Clinical Psychologist – on how to enjoy family life more.

3. Spontaneity and Curiosity
These are the building blocks for good mental health. You cannot tell someone how to have better mental health and you can’t give it to them by getting them to read a book. So the really hard message is if you want to raise mentally healthy children you are going to have to have a good time yourself. If you want your children to succeed you need to show them that success is worth having.

4. Love kids for their differences
When families function well people are allowed to be different and to be loved for those differences. Having children who are strongly individual and who have a sense of who they are is a sign of good parenting. The problem may be that they will then express their independent spirit in ways you don’t like. The ideal is a mix between someone who preserves their own uniqueness and is able to work with others without being dictated to by them – someone who has their own independent nature but is comfortable enough with themselves to allow interdependence.