What’s On at Hastings ...  
Monday, 7th  
- Guide Dog Talks  
Tuesday, 8th  
- Canteen Committee Meeting - Principal’s Office 2:15pm  
Wednesday, 9th  
- Science Show (Visiting Performance)  
- Regional Swimming Carnival - Banora Point  
Thursday, 10th  
- Student Banking  
- Uniform Shop open 2:30pm to 3:00pm  
Friday, 11th  
- Shave for A Cure  
- Uniform Shop open 8:30am to 9:30am

HASTINGS HAPPENINGS  
Respect - Responsibility - Initiative - Resilience  
Commitment - Courage - Achievement

Pool Party  
Thanks to the many families who joined in the fun last Friday night. The conditions were perfect and it was great to see so many people. The winners of the raffle were: John McKay – Soul Surfing lesson; Sheaves family – Family Cruise on the Port Venture; Aaron Sherwood - a bottle of Port (for dad of course); and the Skellern family - 2 bottles of wine (for mum and dad to enjoy).

MEET YOUR SCHOOL PARLIAMENTARIANS

Shona McKechnie  
Hello, my name is Shona McKechnie and my name is Lachlan Byron and we are the Community Services Ministers for Hastings Public School, 2011. The roles for our portfolio includes helping with the Mother’s and Father’s Day stalls, running school community events and deciding the disco themes. So far this year we have helped organise Maroon Day and participated in selling cupcakes at the Cupcake Stall. Finally, we would like to thank everyone for voting us into parliament and we look forward to a great year.

Lachlan Byron

Ministers for Community Services
Shave For a Cure
Next Friday, March 11, Isaac Sanderson will be having his head shaved at our assembly in an attempt to raise funds for the Cancer Council. Any student who would like to contribute to Isaac’s great cause is asked to bring a coin to this assembly next week.

The school has also received an email from Kate Bisco who is seeking sponsorship from the community when she shaves her head at Port Central next Friday, 11th March. Kate’s daughter, Sarah, has recently been diagnosed with iris melanoma and is raising funds for the Leukaemia Foundation. All you need to do is “Control Click” or copy & paste the link below - http://my.leukaemiacfoundation.org.au/Katesarahaye?SID=158450&Lang=en-CA

Sarah is an ex-pupil of Hastings and we wish her all the best as she fights the long road ahead.

Rainforest Use
Our rainforest path immediately to the west of the playground has been made available for students to explore at lunchtime, along with the observation deck built during the previous vacation. The many students who have experienced this project have seen a variety of wildlife including water dragon lizards and many birds. It is hoped once our koala food trees have established themselves that we will also have a haven for local koalas.

Computer Lessons
All students require a set of headphones for their computer lesson each week. Headphones can be purchased from GoLo, The Reject Shop etc. (they don’t need to be expensive) and they must be clearly labelled with your child’s name. Mrs Steel hopes all students will have their headphones for next week’s lessons.

Lower North Coast Swimming Success
Congratulations to the following students whose performance at the Lower North Coast Zone Swimming Carnival has enabled them to qualify for the North Coast Carnival at Banora Point next Wednesday: Zac Jones (2nd 10yrs Freestyle), Daniel Williams (4th 50m Backstroke), Ben Harris (4th Junior Butterfly), Junior Boys Relay (3rd – Zac Jones, Ben Harris, Isaac Sanderson, Zach Cockshutt), Senior Boys Relay (3rd – Jack Sheaves, Tyler Hyde, Mitchell Vest, Thomas Martin)

Sporting Representation and Commitments
Opportunities to represent the school, zone and region in sport should be prized and come as a result of combined student/teacher input. Many hours are spent by teachers organizing events to give students a wide range of sporting experiences. This can involve organising teams, notes, grounds, equipment and transport. This is a time consuming but rewarding process because the feedback from students and parents lets teachers know their efforts are appreciated.

One of the commitments that comes from representing our school at the district level is the fact that students are undertaking to be available for all events up to the state level. While it is understood sometimes circumstances may arise which cause a rare withdrawal, we are concerned at the increasing number of students who pull out following a district carnival. All dates for regional, zone and state carnivals are clearly marked on each school program as well as the statement of commitment all the way through to state level.

If parents are not prepared to support their children all the way to possible state representation, we ask that they do not let them participate in Hastings Camden Haven carnivals. This will end the problems created for teachers and convenors, and more importantly will not see willing students denied the opportunity to represent their zone, region and state.

Canteen Meeting ... A reminder that the next meeting of the canteen meeting will be held next Tuesday at 2:15pm in the Principal’s office. Any new members are welcome. The meetings finish by 3pm to allow members to pick up their children.
Would you like to help young Australians survive cancer, contribute to a greener planet and assist our school to gain valuable new educational resources?

Sony Foundation and CanTeen have joined forces to help young Australians survive cancer through their “You Can” fundraising campaign. The “You Can” Schools Program encourages primary schools across Australia to collect and donate their old mobile phones which will be recycled to raise much-needed funds to build youth cancer centres across the country. Our school will be rewarded for our efforts with exciting educational tools including interactive whiteboards, laptops, video cameras and more.

With cancer the biggest disease killer of Australian teenagers, there is an obvious and urgent need for action. Sony Foundation together with CanTeen is determined to improve the odds for young cancer patients but they need your help. You Can’s primary fundraising mechanic calls on all Australians to donate their old mobile phones and we have partnered with an international recycling company to swap these phones for cash – turning trash into treasure.

At Hastings Public School a collection box is in the main corridor near the water cooler.

INFANTS ASSEMBLY  ...  Thursday, 3rd March

Principal’s Awards
KJ  Lily Maqueda
KM  Cooper Williams
KP  Holly Campbell
1B  Joshua Power
1C  Piper Gilchrist
1F  Finn Hoy
1/2W  George Teasdell
2F  Michael Walsh
2P  Chelsea Arnold

PRIMARY ASSEMBLY  ...  Friday, 24th February

Class Awards
3H  Holly Lamont
3S  Alahni Dries  Sarah Dingeldei  Anita Luangamath
3/4P  Charlie Martin  Abbie Maqueda
4M  Georgia Wilesmith  Benny Shields  Zac Terley
4W  Elizabeth Housen  Gabe Lowe
5M  Naomi Walsh  Jake Tilston
5S  Joshua Cowdrey  Tahnee Blackwell
5/6B  Hollie Secomb  Kirrily-Jade Williamson
6H  Elle Walsh  Liam Clarke  Zac Harris
6S  Chaise Lytinski  Kyle Penfold  Emily-Rose Thompson

LEARNING - GROWING - CARING
TEN HINTS FOR CREATING RESILIENT FAMILIES
Continuing the suggestions from Clinical Psychologist, Andrew Fuller, on how to enjoy family life more.

7. **Teach the skills of self esteem.** Families that work well together seem to praise one another a lot. Compliments are made, positive efforts are commented on. Optimism is in the air. Teaching the skills of self-praise is useful. One way of doing this is to ask questions exclusively about achievement and accomplishment. Asking questions like “How come you did so well in the test?” “What did you do?” and “Have you been doing homework behind my back?” all allow the opportunity for meaningful praise.

8. **Know how to argue.** The family unit is where we should learn how to resolve disputes fairly. Families that work well know how to argue. This seems strange because we all sense that families that work don’t have conflicts. The way parents teach their children to resolve differences of opinion with siblings provides the basis for sharing, negotiating and problem solving in the world beyond the family. While differences of opinion should be allowed to be expressed, children also need to learn they will not be able to win at any cost.

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**CANTEEN NEWS**

**Drink Orders ...**  
We are asking all parents to please remind their child/ren that if Slushies and milkshakes are ordered with a lunch order they must be picked up from the canteen. Bottled water and juice are delivered in baskets with lunches.

**COMMUNITY NOTICES**

**Come Try Hockey Day ...**  
Come Try Hockey Day is being run tomorrow, Saturday, 5th March, at the Port Hockey Facility on Ocean Drive. Children between the ages of 4 and 15 are encouraged to come and discover the benefits hockey offers and for parents seeking a sport that is fun, safe, well organised and designed for all skill levels. A season of hockey costs just $60 (plus uniform) and includes a stick, ball, shin pads and mouth guard. For more information go to portmacquariehockey.com.au or call Andrew on 0401 408 087

**Port Macquarie Junior AFL Club ...**  
Registration day is this Saturday, 5th March, 10am -12 noon outside Aussie Disposals (opposite McDonalds Settlement City). Auskick (5 -9 years), Auskick Pro (11 years) and U13 & U15 divisions. For further information please contact Adrian McClure 0422 859 130 or visit www.pmjafl.sportingpulse.net

**Port Macquarie Junior Rugby Union Competition ...**  
Players who wish to play in the Port Macquarie Junior Rugby Union Competition on Friday nights are required to register at Stuarts Park on Thursday, 10th March between 4pm & 5.30pm OR Thursday, 17th March - 4pm to 5.30pm. Players will be required to complete a registration form and pay $20 registration fees when signing up. No registration forms or money will be collected by the school.

**Girl’s Friendship Club ...**  
Girls 9 to 12 years are invited to enjoy Monday afternoons with games, craft and cooking with friends. Held each Monday, 3:30pm to 5:30pm at the Baptist Church in McIntyre Close. Cost is $5.00. For further information or to book in please phone Kerrie Mansfield on 0403 600446.

**Sunday Chess ...**  
Sunday Chess is on this week at Port Macquarie City Bowling Club. Start time is 10am. Bring a friend or 2. Sunday Chess caters for all ages and abilities.

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**SCHOOL FEES**

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